

My Favorite Moments in School

There is an old saying, “Time flies like an arrow.” I often remind myself to seize the time and do meaningful things. As a 13 year-old-student, the meaningful things mainly come from school life and most of my feelings are related to it.

I do love school life, though I know most of the students don’t. I am especially fond of class time, though I know most of the students prefer “recess time.”

One of the reasons that I love class time more than recess time is I feel sense of fulfillment in class. I like to be very attentive during class time so that I can answer my teachers’ questions. Usually, I get the answers right and gain lots of compliments from teachers in return. By being focused on what teachers say and highly participating in class activities, I gain the subject knowledge, get teachers’ praises, and this makes me feel proud of myself. Besides that, my teacher also gives me positive feedback written on my communication book. These positive comments on me delight my parents so much. Once I see the joy on their face, I am more motivated to focus on learning in class.

The second reason that I love being in class comes from my personality. I love to get together with people and have fun with each other. Being in class makes me feel I am part of this group. This sense of belonging drives away the feeling of loneliness and boredom. Besides, most of the teachers make us learn in teams. We discuss, share, and collaborate to finish one task. By team work, I never feel bored or dull in class. Instead, I always feel involved in learning. And most importantly, I also have fun. Imagine, if there was a youngster who was so sick that he couldn’t come to school, he would lose the chance to learn new things through fun activities. He could only learn at home without interesting companion and exciting activities. It’s too bad. That’s why I treasure class time more than recess time.

Class time is my favorite moment in school. I love to learn together with my classmates and teachers. I love to gain compliments from my teachers and get the sense of achievement. How about you? Would you like to share your favorite moments in school with me?



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A World Without Tests And Exams

Good morning everyone, I'm _____ from _____. Today I'm going to talk about a world without tests and exams.

In Taiwan, students always have a lot of tests in their school life. Usually, tests start in the very early morning, and we have a few quizzes later on. Besides that, we also have monthly exams. Tests and exams are really stressful for me.

How wonderful would it be if we lived in a world without any exams? After school, we can lie on the grass to enjoy the nature. We can spend more time on developing our own interests such as reading, playing an instrument, playing sports and so on. Students study not just for grades but for satisfying their learning needs. Learning would be a thing driven by our interests and powered by our passion. To the best of my memory, I've once joined a science camp, in which my partners and I work together to study the special insects of Taiwan. At that time, we don't have any exams. However, I could recognize lots of different insects, learned more about food chain and felt very satisfied about my learning. Without exams, learning turned out to be very different, didn't it?

Although school life without tests sounds amazing, tests and exams do improve our study. They help evaluate our learning and make us look back over what we have already learned. They also let us understand our strength and weakness. If there weren't any exams, how can we self-reflect our learning? Also, exams can create a competition, which drives students to work harder, and pushes them to show their potential. Therefore, exams are still an important part for our learning.

There is an old saying, "There are two sides of a coin." A school life without tests and exams may bring us a short period of happiness; however, without tests, we don't know how to improve our learning. The point is how to apply tests in a proper way. Thank you for listening.



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Ways to Make the World A Better Place

Hello, everyone. Today I want to talk about how we can make the world better. We are young students, but we can still do many good things. Small things we do can make big changes. Let me tell you some easy ways.

First, we can be kind every day. Being kind can make someone's day much better. We can help our classmates when they have problems. We can be nice to our teachers. We can smile and say nice things to people around us. If someone feels alone, we can be their friend. If we see someone being mean to another person, we can help. When we are kind, we make our school and town a warm and happy place for everyone.

Second, let's take responsibility for our environment. Taking care of our Earth is what we need to do. The Earth is our home, and we must keep it safe. We can put paper, plastic bottles, and cans in the right places. We can save water and turn off lights when we do not need them. We can use water bottles and bags that we can use again and again. We can walk, ride bikes, or take buses instead of cars. We can also plant trees and flowers with our friends and family. These things make our neighborhoods clean and green. They also bring more birds and animals for us to see.

Third, in our diverse world, let's celebrate our differences and learn from one another. We can be nice to people who are different from us. Every person is special. We all come from different places and have different ways of living. But we can still learn from each other. We should be kind to people from different countries and with different abilities. We can share food, music, and stories. We can have small parties to show our ways of living and learn new ones. When we are nice to each other, we make a place that is friendly and fair for everyone.

We all can make the world better. We can be kind, take care of the Earth, and be nice to different people. Even small things can bring big changes. Let us work together. Let us dream of a better world and do things to make it real. Thank you!



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Ways to Deal with Anger.

Hello everyone. Today, I want to talk about something we all experience at times – anger. Anger is a normal feeling, but sometimes it's hard to know what to do when we're angry. So, let's talk about some cool ways I used to handle anger, especially when we're in junior high school.

First, have you ever tried taking deep breaths? It's like giving your brain a little break. When I get angry, I stop and take a deep breath in through my nose, and then I slowly let it out through my mouth. It's perfectly okay to take a break. I always find a quiet spot, take a few moments to myself, and then come back when I'm ready. Taking a break helps me think more clearly and calm down can make a huge difference.

Next, find a way to let out our anger. Moving my body is another super cool way to deal with anger. Staying active can be a way to reduce or stop feelings of anger. I usually do exercises like jogging, playing sports, or even cycling. It helps me release all that anger and feel better. Let's jump, dance, or run around!

Another cool way to deal with anger is through art or writing. I can draw, paint, write, or play music. When I'm feeling angry, I will grab some crayons or markers and draw my feelings or keep a feelings journal. I sometimes put my anger on paper or in a song. It's like creating a masterpiece out of your emotions. It helps me express myself and feel more relaxed. It's like having a secret space for my thoughts and emotions.

Finally, I think telling someone is the most important thing. Don't keep it to yourself. I talk to someone I trust. It could be my mom or dad, my teacher, or my best friend. I tell them why I'm angry and how I feel. They listen to me and give me advice on what to do. Sometimes they help me see things from a different perspective, and that makes me feel better.

In conclusion, anger is a natural emotion that we all experience and we should deal with it in a positive way. Recognize our anger, find healthy ways to let it out, talk to someone we trust, and take care of ourselves. Thank you for listening!



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